



# pamperparties

...be pampered in the comfort of your home

## What is a Pamper Party?

A Pamper Party is a great way to catch up with your good friends in the comfort of your home... more invigorating, relaxing and even spiritually rewarding than a dinner party!

With a Pamper Party at home, you and your friends can indulge and relax in your beautiful sanctuary as our therapists pamper and rejuvenate your body, mind and soul with our menu of pamper treatments, such as massage, facials, reiki, tarot reading, manicures and even meditation.

And if you prefer a total stress-free party, we can even take care of the decoration, food (low calories of course!), wine and music!

Our pamper parties are different because all treatments are provided only by carefully selected therapists who truly care for your overall well-being, and we aim to nourish your body, mind and spirit with our touch.

## A Pamper Party is a great idea for occasions such as...

- Girls night in
- Birthday parties
- Hens nights
- Fundraising events
- Housewarming
- Christmas parties
- Reunions
- Office pamper days
- Corporate promotion events

## What happens during a Pamper Party?

It is recommended that you book a Pamper Party with us at least 4 weeks in advance so that we can organise the best therapists to make your party a memorable event. When making the booking, you and your guests will select the pamper treatments from our menu. Or you can choose from our Pamper Party Packages with the most requested treatments.

On the day of the party, our therapists will arrive at your home with all the necessary equipment for the party, as well as a treatment schedule for all the guests (so that everything will run smoothly...). We will even take care of the chill-out music and scented candles/incense to create the ideal pamper ambience!

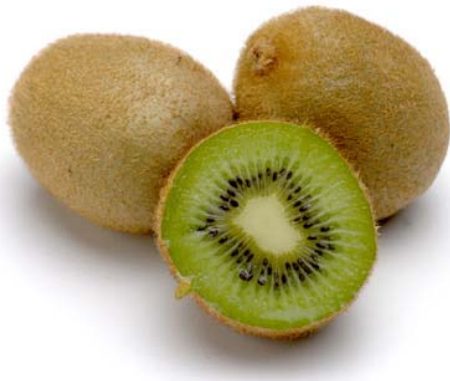
All you have to do is just **sit back, relax and indulge** in the pampering!

## How can I be pampered?

You can either

**mix+match** the treatments OR

select one of our **Pamper Party packages.**



## **mix+match** your party

It's your party and you can be pampered in any way you want! You can be a seasoned host or planning your first party, we offer a range of treatments to help make your party a memorable one.

### **1** choose your pamper time

You, and your guests, can decide the amount of pamper time you'd like to have during the party, depending on the occasion as well as the other activities planned for the rest of the party.

The treatments on each guest will be scheduled at different times during the party, so that while someone is having a treatment, the other guests can socialise and catch up with each other.

Total Pamper Time per person	Number of Guests	Price per person
30min	3 – 7	\$70*
1hr	3 – 5	\$130*
1hr 30min	3 – 5	\$190*

\*Prices include 10% GST. Prices also include our therapists' travel cost for bookings within Sydney's Inner West area only. For bookings outside of Sydney's Inner West, extra travelling charges may be incurred and will be advised upon confirmation of booking.

### **2** choose your treatments

Once you and your guests have decided on the pamper time, mix and match the treatments you'd wish to indulge in.

For example, if you choose to have 1 hour of pamper time, you can choose to have a 30 minute Back, Neck and Shoulder massage PLUS a 30 minute mini skin deli facial. Go ahead and be spoilt with choices!

Pamper Treatment	Treatment Time
<b><u>skin deli Facials</u></b>	
<b>Mini skin deli facial*</b> Choice of i) Cleanse, tone, mask & moisturise OR ii) Cleanse, tone, facial massage & moisturise	30min
<b>Deluxe skin deli facial*</b> Choice of 1 delicious facial treatment from our skin deli facials menu	45min

*\*We only use ALL-NATURAL and FRESH ingredients in all our **skin deli** facials. It's healthy skin, with a natural difference!*



Pamper Treatment	Treatment Time
<b>Healing Therapies</b>	
<b>Swedish massage:</b> Full body	45min / 1hr
<b>Swedish massage:</b> Back, Hands & Shoulder massage	30min / 45min
<b>Swedish massage:</b> Neck & Shoulder massage	15min
<b>Swedish massage:</b> Leg and Foot massage	15min / 30min
<b>Facial Accupressure massage</b>	15min / 30min
<b>Reflexology</b>	45min / 1hr
<b>Reiki Energy Healing</b>	30min / 45min
<b>Crystal Healing</b>	30min / 45min
<b>Other Treatments</b>	
<b>Tarot Reading</b>	15min / 30min
<b>Group Meditation</b> An ideal way to begin and/or finish the pamper party. Meditation provides the opportunity for you and your guests to find your way to the still, calm centre within you. A definite bonus to help everyone to relax and refresh the mind.	15min / 30min
<b>Manicures , pedicures</b> and other beauty treatments are available upon request, depending on availability of therapists.	15min - 45min

If you have any other treatments in mind, simply check with us for availability!

### Wine, Food & Music...

Want a total stress-free party? Let us organise the fine wines, gourmet finger food, chill-out music, the scented candles and even the flowers to create the perfect ambience for your party! Starting from \$15 per person, simply contact us for a quotation.

### Are you organising a BIGGER party? Or do you want a CUSTOMISED party for you?

We cater for larger parties such as office parties or a 'pamper station' where your guests can drop in to receive a treatment of their choice. Or if you have any special requirements, please contact us and we will be happy to supply you with a quotation.

## Pamper Party Packages

Like the perfect host/hostess, you have a good idea of what your guests would enjoy at your Pamper Party. You can exercise your creative juices and **mix+match** the treatments we offer. If you are stuck for ideas, here are a few of our most popular requests:



### Package A: PAMPER XPRESS

<b>Price:</b>	\$99* per person
<b>Ideal for:</b>	An instant 'pick-me-up' before a big night out!
<b>Preferred group size:</b>	3 -5 guests
<b>Pamper time:</b>	1hr per guest

Each guest will be treated to:

- Shoulders, neck and back massage - 30min
- Mini facial - 30min
  - Choice of
    - i) Cleanse, tone, mask & moisturise OR
    - ii) Cleanse, tone, facial massage & moisturise



### Package B: PAMPER DELUXE

<b>Price:</b>	\$135* per person
<b>Ideal for:</b>	A wholistic bliss to rejuvenate the body and spirit
<b>Preferred group size:</b>	3 -5 guests
<b>Pamper time:</b>	1hr 30min per guest

Each guest will be treated to:

- Full body massage - 45min
- Deluxe facial - 45min
  - Choice of one delicious treatment from our range of signature skin deli facials



### Package C: PAMPER D'SOUL

<b>Price:</b>	\$150* per person
<b>Ideal for:</b>	A pamper party with a difference! Spiritually rewarding and possibly even life changing.
<b>Preferred group size:</b>	3 -5 guests
<b>Pamper time:</b>	1hr 30min per guest

Each guest will be treated to:

- Energy and spiritual healing (45min)
  - Choice of 2 therapies from the following:
    - a) Reiki energy healing
    - b) Crystal healing
    - c) Tarot reading
- Deluxe facial - 45min
  - Choice of one delicious treatment from our range of signature skin deli facials
- Optional: Group meditation - 30min (\$15 per person)

*\*Prices include 10% GST. Prices also include our therapists' travel cost for bookings within Sydney's Inner West area only. For bookings outside of Sydney's Inner West, extra travelling charges may be incurred and will be advised upon confirmation of booking.*

# skindeli facials...healthy skin with a natural difference

**Why skindeli?** Because our menu of facial treatments read like recipes from a Donna Hay's cookbook, using only pure natural ingredients, NOT CHEMICALS.

We turn to nature's recipes of organically-grown fruits and pure herbal extracts (that's why we call them the *deli* facials!) to reveal **your true healthy and glowing skin**. Inspired by age-old traditional beauty secrets from around the world, our facial treatments are **extremely gentle**, holistic and hands-on with minimal mechanical intervention, and indulgent for the senses.



## FRUITY NEWIE

For: **Mature** or **dull-looking** complexions

A rejuvenating treatment to help bring freshness and glow to the skin. Using active Manuka honey and fresh organic seasonal fruits, the fruit acids and active enzymes gently exfoliates and reveals fresh healthy skin without the harshness of modern chemical (AHA / BHA) peels.



## HERBIE SMOOTHIE

For: **Sensitive** or **couperose** skin conditions

This soothing and nourishing treatment recipe calms reactive complexions with the healing and soothing properties of Calendula, Chamomile, Witch Hazel and extracts of Cucumber, green tea, and St John's wort. For a skin-delicious dessert, a bio-dynamic Manuka honey and yoghurt mask mixed with Australian clay is applied to soften the red blotchy appearance, leaving the skin smooth, silky and plump.



## FOUNTAIN OF YOUTH\*

For: **Dehydrated** skins

A hydrating treatment to replenish and moisturise using pure botanical extracts such as Aloe Vera juice, Rosehip and Calendula oils, this treatment nourishes and rehydrates dry skins.

\*Vegan options available.



## SKIN DETOX

For: **Acne-prone** and **clogged** skins

Be treated to a deep cleansing experience that will leave your skin breathing freely again! This treatment includes a deep cleanse, a revitalising exfoliation peel with New Zealand's Halloysite clay as well as a relaxing lymphatic massage on your décolletage, neck and face to stimulate purging of toxins. And finishes with a healing mask using manuka oil, avocado and fresh peppermint leaves.



## CITRUS ZINGER

For: **Oily** skins, or anyone who needs a zesty lift in spirits

This treatment helps to break down excess oil (sebum) and promotes a clear and refreshed complexion using fresh ingredients including organic honey, fresh lime juice, lemon, parsley and peppermint.



## QUEEN BEE DELUXE

For: **Aged-looking** skins

A natural face-lifting treatment to firm the skin and prevent pre-mature aging, this treatment combines healing powers of natural ingredients, such as evening primrose oil, immortelle, royal jelly and rosehip, with an acupressure facial massage that promotes the flow of Chi.



## DEEP SEA SERENADE

For: **Mature** or **tired-looking** skins

A nourishing and invigorating recipe fresh from the sea! Brimming with vitamins, proteins, minerals and fatty acids, this treatment purifies, replenishes and rejuvenates the skin to its natural silky softness with extracts of sea kelp and spirulina, and anti-oxidants rich green tea extracts.

## our therapists

We care for your physical, emotional and spiritual well-being, and the proof is in our touch. We will help you tap into your body's intrinsic ability and energy to restore the balance, and heal itself...

### RENÉ RIVAS

**Reiki Master, Crystal Healer, Therapeutic Masseur,  
Spiritual Healer, Psychic Tarot Reader**

Originally from El Salvador, René began his spiritual journey at an early age by helping a Mayan spiritual healer. In 1994, René was initiated a spiritual healer by Maureen Hackman and Lois Stilson at the Cairns Spiritual Centre, and then worked with Sonja Anderson. It was during his time in Cairns that he discovered crystal healing under Soluntra King's guidance, and consequently honed his Reiki energy under the tutelage of Shirley Greenwood as well as Bronwen & Frans Stiene.

René has also had seminars and workshopped with many other well-known spiritual speakers/healers such as Louise L Hay, Caroline Myss, Doreen Virtue, Michael Domeyko Rowland, Sanaya Roman, Dr Wayne Dyer, Conny Mendez and Don Miguel Ruiz.



Rene with Louise Hay, Sep 2004

He taps into his knowledge of the different healing techniques from various cultures including Mayan-Aztec, American Indian and Buddhist Forest Monks to help clients regain the inner balance and spiritual awareness.

### STEPHEN O'ROURKE

**Reflexologist**

Stephen began practicing reflexology 10 years ago when he discovered the ancient Chinese art of healing in Hong Kong. Trained in both the Chinese and Western methods of reflexology, Stephen incorporates his knowledge and affable personality in his treatments for the ultimate goal of helping clients improve their well-being, and quality of life.



Stephen promoting self-healing through the client's feet @ soapkitchen

## PAMPER PARTY BOOKING FORM

Please complete the Booking Form and the Treatments Form and fax them back to us @ FAX: 02-9516 0018

**Late Bookings:** We hate to disappoint you and that's why we try our best to accommodate your last minute bookings. However, we do need to scramble around to meet your requirements. Hence, there is an extra charge of AUD\$10 per head for bookings made less than 14 days before the date of the party

### YOUR DETAILS:

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_  
Email: \_\_\_\_\_

### DETAILS OF PARTY: (IF DIFFERENT FROM ABOVE)

Name of host/hostess: \_\_\_\_\_  
Location of Party: \_\_\_\_\_  
\_\_\_\_\_  
Date of party: \_\_\_\_\_  
Start / Finish times: \_\_\_\_\_ Number of guests: \_\_\_\_\_

### TYPE OF PARTY

**mix+match** Party (please tick)

30min per guest   
1hr per guest   
1hr 30min per guest

**Pamper Party Package** (please tick)

Pamper Xpress   
Pamper Deluxe   
Pamper D'Soul

Comments / Special requests / Parking arrangements for Therapists (please note that any parking costs will be added on to the booking fee):  
\_\_\_\_\_

### BOOKING TERMS & CONDITIONS:

To confirm your Pamper Party booking, a non-refundable deposit of AUD\$50 is required. A booking confirmation will be issued when soapkitchen receive your deposit and Booking Form. The deposit can be paid via credit card or cheque payable to "SOAP KITCHEN". The balance is to be paid no later than 7 days before the date of the party.

Please sign and accept the Terms & Conditions as enclosed.

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_



## BOOKING TERMS & CONDITIONS

### Definitions

In these conditions the following expressions shall be given the following meanings:

**Event**– the period during which a therapist provides massage, beauty, spa or holistic treatments to the client

**Client**– any person, firm, company or organisation placing an order with The Pamper Company for treatments

**Therapist**– any person who is supplied by The Pamper Company with a view to carrying out treatments for or on behalf of The Pamper Company

**Treatments**– care, given by a therapist by procedures or applications that are intended to relieve stress, illness or injury or to enhance well being or for enjoyment purposes

### soapkitchen

1. soapkitchen will do its utmost to ensure the completion of the engagement in its entirety. If any therapist is unable to perform his/her full engagement due to sickness, injury or any other reason then soapkitchen will use all reasonable endeavours to fulfil its obligation by providing an alternative Therapist. Should any part of the engagement not be fulfilled in its entirety, soapkitchen will deduct on a pro-rata basis the cost of the unfulfilled portion of the engagement

2. soapkitchen shall not be liable to the client for any loss, injury, damage, expense or delay suffered by the Client or the Therapist. This exclusion shall extend (but not be limited) to the consequences of any act or omission (whether wilful, negligent, reckless, dishonest or otherwise) which takes place during the event on the part of the Therapist or the client. The client acknowledges that the soapkitchen's charges are set on the basis that it has no such liability

### Therapists

3. Therapists will act in a professional and respectable manner at all times. Therapists are self-sufficient, providing their own equipment for the treatments offered

### The Client

4. The Client may be asked to provide standard tables and chairs and water refreshments

5. The Client will ensure that adequate room as provided as advised by soapkitchen in order for the Therapist to perform their treatments and will ensure that the Therapist is warmly welcomed upon their arrival.

6. The Client will ensure that all guests have signed appropriate consent documentation prior to receiving treatments at the request of soapkitchen.

7. The Client will take all reasonable endeavours to ensure that guests limit the intake of alcoholic beverages prior to receiving Treatments. The legal limit for driving is a suitable guideline.

8. The Client will ensure that guests arrive in time for their pre-scheduled treatments. The Freelance Therapists will make every effort to accommodate any changes due to lateness but in such an event The Pamper Company will have no liability for any loss of treatment time.

### Fees

9. All fees will be pre-paid before the event unless alternative arrangements have been made with a representative of The Pamper Company.

10. The fees indicated apply only to parties held in the Sydney Inner West area. For bookings outside of Sydney's Inner West, extra travelling charges may be incurred and will be advised upon confirmation of booking.